



WALKINGSPREE PROGRAM OVERVIEW

Williamson County has partnered with Walkingspree to offer you a free wellness benefit.

Use the Walkingspree app as your daily tool to set steps goals, track activity, challenge your co-workers and earn rewards!

**Points program begins
April 1, 2023!**

Earn Points on a Quarterly Basis

Activity	Points
Participation 1,000 steps/day	1 Point/day
7K Target 7,000 steps/day	1 Point/day
10K Target 10,000 steps/day	1 Point/day
10K Streak 10,000 steps in a row for 5 days in a row	10 Points/month

Challenges

Be on the lookout for challenges throughout the year to earn additional points!

Points Program

Every 20 points earned is an entry into a raffle for 1 of 10 \$50 gift cards! Raffle drawings will be done quarterly.

REGISTER TODAY!



- 1 Download the Walkingspree App from the Google or Apple Playstore
Type in Williamson County and select it from the drop down menu
- 2 Register using your last name and date of birth
- 3 Connect your device and start stepping!
Choose your own screen name to be shown on the app!



Be sure to open your Walkingspree app every few days to update your steps! Fitbit and Garmin users should open the Fitbit or Garmin app first and then open the Walkingspree app to ensure all steps are synced.

Walkingspree will never share your data with outside parties. Your employer will only receive your step count for any incentives offered for challenges. You may participate within the app anonymously by choosing your own screen name.



Need help? Contact us at support@walkingspree.com

